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Absolute, Total Freedom

I feel a single bead of sweat making its way down the back of my neck, brought on by repetitively doing a sequence and by the anticipation of what is to come. The music starts, I feel a jolt of energy, similar to that of being struck by lightning, and then the magic begins. I am dancing, but it's more like flying to me.

When I am dancing, my worries and cares melt away into nothingness. No one can possibly understand the feeling I have, no one except for other passionate dancers at least. What some don't understand is that dance isn't just a series of movements. It is an art, with bits and pieces of the dancers' souls intertwined into it.

Also, it isn't just dancing by myself that I love. It is also watching other dancers. The way they move, the stories they tell, and the way they totally pour themselves into what they are doing blows my mind.

There are so many kinds of dance, which is part of what keeps it so interesting for me. There are joyful dances, mourning dances, loving dances, fast and slow dances; but they are all heartfelt dances, which is why I love them so very much.

Dancing is hands down the most rewarding thing to do. Dancing inspires me in so many ways to be the best I can be. The reason I love to dance so much, is because when I am dancing, I am free.

250 words