



## 2010 NWKL High School Track Meet

### May 14th, 2010 - St. Francis HS

Rank	Team Name	Score
Men:		
1	Colby	90
2	St. Francis	84.33
3	Goodland	83.66
4	Quinter	81
5	Oakley	79
6	Oberlin	57
7	Rawlins County	48
8	Hoxie	34

Women:		
1	Colby	150
2	Oakley	122
3	Oberlin	78
4	Quinter	61
5	Hoxie	55
6	Rawlins County	52
7	St. Francis	23
8	Goodland	9

## 05/14/10:

### Girls 200m Dash (W) - 200m Dash

#### Finals:

Place	Bib	Name	Year	Team	Time	Score
1		Kuhlman, Dayna	Junior	Oakley	27.94	10
2		Leitner, Taylor	Freshman	Rawlins County	28.46	8
3		Kuntz, Heather	Sophomore	Quinter	28.56	6
4		Haas, Alexa	Freshman	Colby	28.58	4
5		Hemmert, Bailey	Senior	Oakley	28.62	2
6		Hockersmith, Kayla	Junior	Colby	28.85	1
7		Blau, Kiah	Sophomore	Oberlin	29.57	-

#### Preliminaries:

1:							
Place	Overall	Bib	Name	Year	Team	Time	Score
1	2		Haas, Alexa	Freshman	Colby	28.04	

2	3	Leitner, Taylor	Freshman	Rawlins County	28.28
3	5	Kuntz, Heather	Sophomore	Quinter	28.59
4	7	Hemmert, Bailey	Senior	Oakley	28.68
5	10	Oelschlager, Nicole	Freshman	Rawlins County	31.25
6	11	Niermeier, Kaycee	Sophomore	Hoxie	31.36
7	14	Floyd, Amy	Freshman	Goodland	33.16

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Kuhlman, Dayna	Junior	Oakley	27.89	
2	4		Hockersmith, Kayla	Junior	Colby	28.94	
3	6		Blau, Kiah	Sophomore	Oberlin	29.02	
4	8		Corwin, Sadie	Freshman	Quinter	29.14	
5	9		Hutfles, Julia	Sophomore	Colby	29.92	
6	12		Stithem, Danel	Freshman	Hoxie	31.92	
7	13		Baker, Katie	Freshman	Hoxie	32.96	

**Boys 400m Dash (M) - 400m Dash****Finals:**

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	14		Keck, Trek	Freshman	Colby	58.35	-
2	15		Herold, Tyler	Sophomore	Rawlins County	59.71	-
3	16		Noble, Cade	Freshman	Rawlins County	1:02.41	-
4	17		Yarbrough, Tyrell	Freshman	Goodland	1:04.24	-

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	4		Arnberger, Kale	Junior	Colby	53.78	4
2	5		Sherlock, Cody	Junior	St. Francis	54.20	2
3	6		Oharah, Riley	Sophomore	Goodland	54.83	1
4	10		Scheideman, Austin	Junior	Colby	56.90	-
5	11		Smith, Brandon	Senior	Quinter	57.45	-
6	12		Deeds, Nathan	Junior	Goodland	57.88	-
7	13		Douthit, Thomas	Freshman	St. Francis	58.32	-

3:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Raile, Trent	Senior	St. Francis	52.37	10
2	2		Bird, Matt	Senior	Quinter	52.97	8
3	3		Alves, Rodrigo	Junior	Oakley	53.60	6
4	7		Eli, Corey	Junior	Oakley	55.52	-
5	8		Maurath, Brandon	Senior	Oakley	56.23	-
6	9		May, Zach	Freshman	Oberlin	56.81	-

### Girls Shot Put (W) - Shot Put Finals:

Place	Bib	Name	Year	Team	Distance	Score
1		Blau, Kiah	Sophomore	Oberlin	34' 6.5"	10
2		Dreher, Jordan	Junior	Oberlin	32' 4"	8
3		Mizer, Jordan	Senior	Rawlins County	30' 5.5"	6
4		Gardner, Shelby	Freshman	Colby	29' 7.5"	4
5		Jirak, Heidi	Sophomore	Oakley	29' 6"	2
6		Pilkington, Carrie	Sophomore	Oakley	28' 8.5"	1
7		Winston, Sydney	Sophomore	Goodland	28' 0.5"	-
8		Figgins, Kaitlin	Sophomore	St. Francis	27' 4"	-
9		Trembly, Sarah	Junior	St. Francis	27' 2.5"	-
10		Gassmann, Lauren	Junior	Oakley	26' 10.5"	-
11		Marston, Kaylee	Junior	Colby	25' 9.75"	-
12		Cowan, Cortney	Freshman	Goodland	25' 4"	-
13		Anderson, Samantha	Sophomore	Oberlin	24' 5"	-
14		Archibald, Taylor	Freshman	St. Francis	22' 0"	-
15		Rohr, Abi	Junior	Colby	20' 5"	-
16		Schamberger, Courtney	Freshman	Hoxie	19' 4.5"	-
17		Garrett, Michaela	Sophomore	Goodland	19' 4.25"	-

### Girls Triple Jump (W) - Triple Jump Finals:

Place	Bib	Name	Year	Team	Distance	Score
1		Kuhlman, Dayna	Junior	Oakley	35' 7"	10
2		Finley, Emilea	Sophomore	Colby	33' 10"	8
3		Wolters, Abbey	Sophomore	Rawlins County	32' 3.5"	6
4		Hemmert, Bailey	Senior	Oakley	32' 3.5"	4
5		Reed, Missy	Freshman	Quinter	31' 9.5"	2
6		Dorshorst, Miki	Freshman	Oberlin	31' 9"	1
7		Roopchan, Paige	Sophomore	Colby	31' 5"	-
8		Heim, Ellie	Freshman	Hoxie	30' 1.75"	-
9		Hemmert, Brooke	Sophomore	Oakley	30' 0.5"	-
10		Bell, Lauren	Freshman	Colby	27' 9.5"	-
11		Northrup, Ally	Freshman	St. Francis	26' 6"	-

### Girls 100m Hurdles (W) - 100m Hurdles Finals:

Place	Bib	Name	Year	Team	Time	Score
1		Lamm, Rachel	Senior	Colby	17.26	10
2		Wilson, kelsey	Freshman	Oakley	17.38	8

3	Bell, Morgan	Sophomore	Colby	18.04	6
4	Dennis, Jill	Junior	Oakley	18.30	4
5	Roopchan, Paige	Sophomore	Colby	18.53	2
6	Grace, Mikaela	Junior	St. Francis	18.60	1
7	Flax, Brooke	Freshman	Quinter	19.25	-
8	Shields, Cassidy	Freshman	Oberlin	19.62	-

**Preliminaries:**

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Lamm, Rachel	Senior	Colby	17.92	
2	4		Dennis, Jill	Junior	Oakley	18.82	
3	5		Bell, Morgan	Sophomore	Colby	18.85	
4	7		Roopchan, Paige	Sophomore	Colby	19.06	
5	9		Sperber, Audrey	Freshman	Oakley	21.22	

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	2		Wilson, kelsey	Freshman	Oakley	18.16	
2	3		Shields, Cassidy	Freshman	Oberlin	18.34	
3	6		Grace, Mikaela	Junior	St. Francis	18.86	
4	8		Flax, Brooke	Freshman	Quinter	19.41	
5			Reed, Missy	Freshman	Quinter	NT	

**Boys Long Jump (M) - Long Jump****Finals:**

Place	Bib	Name	Year	Team	Distance	Score
1		Raile, Matt	Senior	St. Francis	21' 4"	10
2		Bird, Matt	Senior	Quinter	21' 3.5"	8
3		Wilkens, Brock	Junior	Goodland	18' 7"	6
4		McKee, Braden	Senior	Colby	18' 5"	4
5		Koon, Troy	Junior	Colby	17' 11"	2
6		Schamberger, Clayton	Senior	Hoxie	17' 11"	1
7		Argabright, Keaton	Junior	Rawlins County	17' 10.5"	-
8		Bloom, Rod	Junior	Oakley	17' 7.5"	-
8		Moore, Ryan	Freshman	Colby	17' 7.5"	-
10		Parsons, Tad	Senior	Oakley	17' 7"	-
11		Thompson, Josh	Senior	Goodland	17' 4.25"	-
11		Wasson, Nolan	Senior	Oberlin	17' 4.25"	-
13		May, Zach	Freshman	Oberlin	17' 2"	-
14		Gabel, Kody	Freshman	Oakley	16' 7"	-
15		Heim, Matt	Freshman	Hoxie	16' 6.5"	-
16		Glading, Matt	Freshman	Oberlin	15' 7"	-

**Girls 3200m Run (W) - 3,200m Run****Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Kaus, Katrina	Junior	Colby	12:38.30	10
2		McKenna, Marlee	Freshman	Hoxie	12:43.63	8
3		Fredrickson, Jessica	Senior	Oberlin	13:23.19	6
4		Rouse, Darbi	Freshman	Oberlin	13:38.91	4
5		Johnson, Addie	Sophomore	Quinter	13:49.40	2
6		Ribordy, Haley	Freshman	Oakley	13:58.56	1
7		Albers, Cally	Freshman	Oakley	14:51.66	-
8		Martin, Sara	Junior	Colby	14:59.85	-
9		Griebel, Ann	Junior	Quinter	16:20.61	-

**Boys 4 x 100m Relay (M) - 4 x 100m Relay****Finals:**

Place	Team	Time	Score
1	Oakley	45.13	10
2	Rawlins County	45.46	8
3	St. Francis	45.86	6
4	Goodland	46.61	4
5	Hoxie	48.95	2
6	Oberlin	51.04	1

**Girls 1600m Run (W) - 1,600m Run****Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Finley, Emilea	Sophomore	Colby	5:39.61	10
2		Kaus, Katrina	Junior	Colby	5:44.89	8
3		McKenna, Marlee	Freshman	Hoxie	5:45.64	6
4		Rouse, Darbi	Freshman	Oberlin	6:15.01	4
5		Heskett, Kelsi	Senior	Hoxie	6:47.54	2
6		Rath, Kaylen	Sophomore	Oakley	7:01.00	1
7		Griebel, Ann	Junior	Quinter	7:29.87	-
8		Bustillos, Gloria	Freshman	Goodland	8:01.94	-

**Boys 3200m Run (M) - 3,200m Run****Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Shields, Tyler	Sophomore	Oberlin	10:46.63	10
2		Pourin, JL	Junior	Goodland	10:54.10	8

3	Reed, Dustin	Freshman	Colby	10:55.21	6
4	Buller, Steven	Junior	Goodland	11:03.90	4
5	Nally, Jared	Sophomore	Colby	11:27.52	2
6	Faber, John	Freshman	Colby	11:33.37	1
7	Crist, Scott	Junior	Quinter	11:41.73	-
8	Robben, Andrew	Sophomore	Oakley	11:48.06	-
9	Bainter, Weston	Freshman	Hoxie	11:53.49	-
10	Davis, Corey	Sophomore	Goodland	12:22.94	-
11	Helm, Jacob	Junior	Oberlin	13:00.41	-
12	Keller, Jerrik	Sophomore	Oakley	13:09.96	-
13	Smith, Steven	Freshman	Quinter	13:28.30	-
14	Patel, Yash	Sophomore	Oakley	13:34.46	-
15	Smith, Chance	Freshman	Quinter	14:59.31	-

### Girls 300m Hurdles (W) - 300m Low Hurdles

#### Finals:

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	5		Wolters, Abbey	Sophomore	Rawlins County	51.64	2
2	8		Lamm, Rachel	Senior	Colby	54.15	-
3	10		Bond, Amber	Sophomore	Colby	54.88	-
4	11		Flax, Brooke	Freshman	Quinter	54.97	-
5	12		Castens, Summer	Sophomore	Rawlins County	59.01	-

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Hemmert, Bailey	Senior	Oakley	50.06	10
2	2		Mackley, Tori	Senior	Oakley	50.09	8
3	3		Bell, Morgan	Sophomore	Colby	50.53	6
4	4		Grace, Mikaela	Junior	St. Francis	51.40	4
5	6		Heim, Shelby	Sophomore	Hoxie	52.03	1
6	7		Wilson, kelsey	Freshman	Oakley	53.15	-
7	9		Shields, Cassidy	Freshman	Oberlin	54.31	-

### Boys 800m Run (M) - 800m Run

#### Finals:

Place	Bib	Name	Year	Team	Time	Score
1		Smith, Brandon	Senior	Quinter	2:04.70	10
2		Wolters, Kevin	Senior	Rawlins County	2:07.54	8
3		Friess, Luke	Sophomore	Hoxie	2:08.19	6
4		Argabright, Keaton	Junior	Rawlins County	2:10.09	4
5		Alstrom, Jaxson	Senior	Oberlin	2:10.95	2
6		Wilson, Christian	Junior	Colby	2:12.80	1

7	Cowan, Jason	Sophomore	Goodland	2:14.15	-
8	Henningson, Nolan	Sophomore	Oberlin	2:16.82	-
9	Taylor, Torey	Senior	Colby	2:23.17	-
10	Rasmussen, Kalen	Senior	Colby	2:23.21	-
11	Ruhs, Sloan	Sophomore	Goodland	2:25.13	-
12	Berkgren, Jason	Freshman	Oakley	2:28.51	-
13	Sieck, Parker	Sophomore	Goodland	2:29.46	-

### Boys 200m Dash (M) - 200m Dash Finals:

Place	Bib	Name	Year	Team	Time	Score
1		Raile, Matt	Senior	St. Francis	23.30	10
2		Bird, Matt	Senior	Quinter	23.86	8
3		Siruta, Kraig	Senior	Oakley	24.17	6
4		Fortin, Keithen	Junior	Oberlin	24.25	4
5		Brown, Beau	Freshman	Colby	24.53	2
6		Alves, Rodrigo	Junior	Oakley	24.67	1
7		Jordan, Daniel	Senior	Oberlin	24.83	-

### Preliminaries:

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	3		Siruta, Kraig	Senior	Oakley	24.22	
2	4		Fortin, Keithen	Junior	Oberlin	24.32	
3	7		Alves, Rodrigo	Junior	Oakley	24.38	
4	8		Zweygardt, Drew	Senior	St. Francis	24.55	
5	10		Binder, Wiatt	Freshman	Colby	24.66	
6	16		Lazaro, Ruben	Freshman	Goodland	26.18	

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	2		Bird, Matt	Senior	Quinter	24.09	
2	5		Brown, Beau	Freshman	Colby	24.41	
3	9		Wittman, Skyler	Senior	Quinter	24.61	
4	11		Helton, Garth	Junior	Goodland	24.74	
5	13		Peters, Nolan	Junior	Oberlin	25.60	

3:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Raile, Matt	Senior	St. Francis	23.99	
2	6		Jordan, Daniel	Senior	Oberlin	24.49	
3	12		Cox, Nate	Sophomore	Oakley	25.02	
4	13		Koon, Troy	Junior	Colby	25.60	
5	15		Heim, Matt	Freshman	Hoxie	26.17	
6	17		Ochs, Jesse	Sophomore	Quinter	27.47	

**Boys 4 x 800m Relay (M) - 4 x 800m Relay****Finals:**

Place	Team	Time	Score
1	Hoxie	8:41.78	10
2	Oberlin	8:44.94	8
3	Colby	8:55.02	6
4	Goodland	9:12.98	4
5	Oakley	10:29.75	2

**Girls 4 x 100m Relay (W) - 4 x 100m Relay****Finals:**

Place	Team	Time	Score
1	Rawlins County	53.22	10
2	Quinter	53.24	8
3	Oakley	53.43	6
4	Colby	55.70	4
5	Hoxie	55.75	2
6	Goodland	58.80	1

**Girls Pole Vault (W) - Pole Vault****Finals:**

Place	Bib	Name	Year	Team	Distance	Score
1		Diederich, Brandi	Senior	Oberlin	9' 6"	10
2		Coates, Chantel	Freshman	Goodland	8' 6"	8
3		Albers, Cally	Freshman	Oakley	7' 0"	6
		Marin, Aly	Junior	St. Francis	NH	-
		MacFee, Taylor	Freshman	Oberlin	NH	-

**Girls 400m Dash (W) - 400m Dash****Finals:**

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	3		Hockersmith, Kayla	Junior	Colby	1:03.88	6
2	9		Baker, Katie	Freshman	Hoxie	1:12.68	-
3	10		Bustillos, Gloria	Freshman	Goodland	1:20.59	-

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
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1	1	Haas, Alexa	Freshman	Colby	1:00.42	10
2	2	Kuhlman, Dayna	Junior	Oakley	1:00.45	8
3	4	Leitner, Taylor	Freshman	Rawlins County	1:04.04	4
4	5	Anderson, Tiffany	Junior	Oberlin	1:05.86	2
5	6	Maurath, Kyndal	Senior	Oakley	1:07.20	1
6	7	Flanagin, Kaitlyn	Freshman	Colby	1:07.93	-
7	8	Niermeier, Kaycee	Sophomore	Hoxie	1:10.53	-

### Girls 4 x 800m Relay (W) - 4 x 800m Relay

#### Finals:

Place	Team	Time	Score
1	Hoxie	10:23.00	10
2	Oberlin	10:39.32	8
3	Quinter	10:44.14	6
4	Oakley	12:08.00	4
5	Colby	12:16.27	2

### Boys 1600m Run (M) - 1,600m Run

#### Finals:

Place	Bib	Name	Year	Team	Time	Score
1		Pourin, JL	Junior	Goodland	4:59.27	10
2		Shields, Tyler	Sophomore	Oberlin	5:00.01	8
3		Friess, Luke	Sophomore	Hoxie	5:00.12	6
4		Nally, Jared	Sophomore	Colby	5:05.24	4
5		Buller, Steven	Junior	Goodland	5:08.90	2
6		Reed, Dustin	Freshman	Colby	5:10.98	1
7		Crist, Scott	Junior	Quinter	5:13.45	-
8		Bainter, Weston	Freshman	Hoxie	5:34.35	-
9		Scheideman, Bryan	Junior	Colby	5:37.66	-
10		Waugh, Ben	Senior	Goodland	5:42.84	-
11		Helm, Jacob	Junior	Oberlin	5:43.62	-
12		Smith, Steven	Freshman	Quinter	6:14.78	-
13		Helm, Matt	Freshman	Oberlin	6:21.73	-
14		Smith, Chance	Freshman	Quinter	6:28.40	-
15		Patel, Sunny	Freshman	Oakley	6:42.78	-

### Boys 4 x 400m Relay (M) - 4 x 400m Relay

#### Finals:

Place	Team	Time	Score
1	Oberlin	3:31.04	10
2	Rawlins County	3:35.05	8

3	Oakley	3:35.92	6
4	Colby	3:38.85	4
5	Hoxie	3:41.03	2
6	Goodland	3:42.02	1
7	St. Francis	3:48.70	-

### Girls Long Jump (W) - Long Jump Finals:

Place	Bib	Name	Year	Team	Distance	Score
1		Hockersmith, Kayla	Junior	Colby	15' 7"	10
2		Dorshorst, Miki	Freshman	Oberlin	15' 5.75"	8
3		Diederich, Brandi	Senior	Oberlin	15' 3.75"	6
4		Dennis, Jill	Junior	Oakley	15' 1.25"	4
5		Roopchan, Paige	Sophomore	Colby	14' 11"	2
6		Zerr, Kayla	Sophomore	Quinter	14' 10.25"	1
7		Basgall, Audrey	Junior	Rawlins County	14' 8.5"	-
8		Temaat, Breanna	Freshman	Oakley	14' 6"	-
9		Shoaff, Lauren	Junior	Colby	13' 3"	-
10		Sumpter, Brittni	Junior	Hoxie	13' 1"	-
10		Mackley, Tori	Senior	Oakley	13' 1"	-
12		Northrup, Ally	Freshman	St. Francis	12' 7"	-
13		Neitzel, Clarice	Freshman	St. Francis	12' 3"	-
14		Peden, Taylor	Sophomore	Goodland	10' 7.5"	-
		Niermeier, Kaycee	Sophomore	Hoxie	ND	-

### Girls 800m Run (W) - 800m Run Finals:

Place	Bib	Name	Year	Team	Time	Score
1		Finley, Emilea	Sophomore	Colby	2:26.46	10
2		Hill, Carman	Senior	Hoxie	2:26.59	8
3		Roesch, Aubrey	Junior	Quinter	2:38.16	6
4		Heim, Ellie	Freshman	Hoxie	2:38.89	4
5		Werth, Kylie	Freshman	Quinter	2:44.16	2
6		Dickman, Melody	Sophomore	Oakley	2:51.24	1
7		Funk, Hayley	Junior	Quinter	2:52.17	-
8		Hemmert, Brooke	Sophomore	Oakley	2:54.83	-
9		Marin, Aly	Junior	St. Francis	2:56.53	-
10		Heskett, Kelsi	Senior	Hoxie	3:12.69	-

### Boys Discus Throw (M) - Discus Throw Finals:

Place	Bib	Name	Year	Team	Distance	Score
1		Nemechek, Zach	Senior	Quinter	141' 4.5"	10
2		Ochs, Brian	Sophomore	Quinter	133' 4.75"	8
3		Guthmiller, Adam	Junior	St. Francis	125' 8"	6
4		Cotter, Jay	Senior	Goodland	123' 6.5"	4
5		Weber, Patrick	Sophomore	Hoxie	121' 4"	2
6		Middleton, Josh	Junior	Colby	118' 8.5"	1
7		Murray, David	Junior	Goodland	116' 5.5"	-
8		Gienger, Zach	Freshman	St. Francis	110' 6.5"	-
9		Soderlund, Dakota	Junior	Oberlin	109' 2"	-
10		Felhoelter, Clem	Senior	Oakley	108' 7"	-
11		Vrbas, Anthony	Senior	Rawlins County	108' 1.5"	-
12		Martin, Tyler	Junior	Rawlins County	107' 7"	-
13		Leighton, Sam	Junior	Quinter	102' 10"	-
14		Twombly, Aaron	Freshman	Goodland	102' 5"	-
15		Carroll, Taylor	Senior	Rawlins County	102' 2.25"	-
16		Crandall, Jimmie	Senior	Oakley	101' 11.5"	-
17		Bruggeman, Tyler	Freshman	Oberlin	97' 10"	-
18		Hayden, Chance	Freshman	Oakley	96' 5"	-
19		Middleton, Logan	Junior	Colby	94' 6"	-
20		Fortin, Channing	Freshman	Oberlin	85' 10.75"	-
21		Koel, Leighton	Sophomore	Colby	79' 4"	-

### Boys 100m Dash (M) - 100m Dash

#### Finals:

Place	Bib	Name	Year	Team	Time	Score
1		Brown, Beau	Freshman	Colby	11.63	10
2		Raile, Matt	Senior	St. Francis	11.67	8
3		Bird, Matt	Senior	Quinter	11.79	6
4		Fortin, Keithen	Junior	Oberlin	12.03	4
5		Siruta, Kraig	Senior	Oakley	12.07	2
6		Parsons, Tad	Senior	Oakley	12.26	1
7		Binder, Wiatt	Freshman	Colby	12.33	-
8		Jordan, Daniel	Senior	Oberlin	13.10	-

#### Preliminaries:

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	3		Bird, Matt	Senior	Quinter	11.96	
2	4		Siruta, Kraig	Senior	Oakley	12.10	
3	7		Jordan, Daniel	Senior	Oberlin	12.25	
4	13		Weber, Adam	Senior	Colby	12.61	
5	14		Deeds, Nathan	Junior	Goodland	12.72	
6	18		Ochs, Jesse	Sophomore	Quinter	13.74	

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Raile, Matt	Senior	St. Francis	11.79	
2	6		Parsons, Tad	Senior	Oakley	12.14	
3	9		Wittman, Skyler	Senior	Quinter	12.45	
4	11		Cook, Jayce	Senior	Rawlins County	12.49	
5	12		Helton, Garth	Junior	Goodland	12.58	
6	16		Juenemann, Brent	Sophomore	Oberlin	13.26	
7			Zeigler, Kyle	Sophomore	Rawlins County	NT	

3:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	2		Brown, Beau	Freshman	Colby	11.92	
2	5		Fortin, Keithen	Junior	Oberlin	12.11	
3	8		Binder, Wiatt	Freshman	Colby	12.28	
4	10		Parsons, Lex	Senior	Oakley	12.46	
5	15		Wolaver, Dylan	Freshman	St. Francis	13.16	
6	17		Heim, Matt	Freshman	Hoxie	13.28	

**Girls High Jump (W) - High Jump****Finals:**

Place	Bib	Name	Year	Team	Distance	Score
1		Zerr, Kayla	Sophomore	Quinter	4' 10"	10
2		Bell, Morgan	Sophomore	Colby	4' 10"	8
3		Temaat, Breanna	Freshman	Oakley	4' 8"	6
4		Dennis, Jill	Junior	Oakley	4' 8"	4
5		Werth, Kylie	Freshman	Quinter	4' 6"	2
6		Bell, Lauren	Freshman	Colby	4' 6"	1
7		Coates, Chantel	Freshman	Goodland	4' 4"	-
7		Shields, Cassidy	Freshman	Oberlin	4' 4"	-
		Wolters, Abbey	Sophomore	Rawlins County	NH	-

**Girls 100m Dash (W) - 100m Dash****Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Haas, Alexa	Freshman	Colby	13.53	10
2		Kuhlman, Dayna	Junior	Oakley	13.62	8
3		Kuntz, Heather	Sophomore	Quinter	13.80	6
4		Corwin, Sadie	Freshman	Quinter	14.31	4
5		Maurath, Kyndal	Senior	Oakley	14.35	2
6		Taylor, Anna	Junior	Colby	14.60	1
7		Castens, Summer	Sophomore	Rawlins County	14.74	-

**Preliminaries:**

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Kuhlman, Dayna	Junior	Oakley	13.64	
2	3		Kuntz, Heather	Sophomore	Quinter	13.80	
3	5		Taylor, Anna	Junior	Colby	14.71	
4	7		Coates, Chantel	Freshman	Goodland	14.74	
5	8		Castens, Summer	Sophomore	Rawlins County	14.78	
6	10		Floyd, Amy	Freshman	Goodland	15.67	
7	11		Sumpter, Brittni	Junior	Hoxie	15.74	

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	2		Haas, Alexa	Freshman	Colby	13.93	
2	4		Corwin, Sadie	Freshman	Quinter	14.28	
3	6		Maurath, Kyndal	Senior	Oakley	14.74	
4	9		Stithem, Danel	Freshman	Hoxie	15.41	
5	12		Ketzner, Jacquelyn	Sophomore	St. Francis	16.03	
6			Blau, Kiah	Sophomore	Oberlin	NT	

**Boys High Jump (M) - High Jump****Finals:**

Place	Bib	Name	Year	Team	Distance	Score
1		Pearson, Kelly	Junior	Goodland	5' 10"	10
2		Shiltz, Isaac	Sophomore	St. Francis	5' 10"	8
3		Wilkens, Brock	Junior	Goodland	5' 8"	6
4		Parsons, Tad	Senior	Oakley	5' 6"	4
5		McKee, Braden	Senior	Colby	5' 4"	2
6		Rasmussen, Kalen	Senior	Colby	5' 4"	1
7		Trachsel, Dillon	Junior	Goodland	5' 2"	-
8		Bloom, Rod	Junior	Oakley	5' 0"	-
8		Juenemann, Brent	Sophomore	Oberlin	5' 0"	-
		Henningson, Nolan	Sophomore	Oberlin	NH	-

**Boys Shot Put (M) - Shot Put****Finals:**

Place	Bib	Name	Year	Team	Distance	Score
1		Soderlund, Dakota	Junior	Oberlin	46' 0.75"	10
2		Middleton, Josh	Junior	Colby	43' 8.5"	8
3		Weber, Adam	Senior	Colby	43' 2.5"	6
4		Murray, David	Junior	Goodland	42' 9.5"	4
5		Raile, Matt	Senior	St. Francis	42' 5"	2
6		Nemechek, Zach	Senior	Quinter	41' 2"	1

7	Felhoelter, Clem	Senior	Oakley	40'	10.25"	-
8	Martin, Tyler	Junior	Rawlins County	40'	0.75"	-
9	Leighton, Sam	Junior	Quinter	38'	10.5"	-
10	Long, Alex	Senior	St. Francis	38'	2"	-
11	Carroll, Taylor	Senior	Rawlins County	37'	1.5"	-
12	Jirak, Ethan	Senior	Oakley	36'	5"	-
13	Ochs, Brian	Sophomore	Quinter	34'	8.5"	-
14	Brenn, Dru	Sophomore	Colby	34'	7.5"	-
15	Twombly, Aaron	Freshman	Goodland	34'	4.25"	-
16	Gienger, Zach	Freshman	St. Francis	33'	3.75"	-
17	Fortin, Channing	Freshman	Oberlin	32'	0"	-
18	Bruggeman, Tyler	Freshman	Oberlin	31'	11"	-
19	Rascon, David	Freshman	Goodland	30'	10.5"	-
20	Hayden, Chance	Freshman	Oakley	30'	8.5"	-
21	Salmans, Dillon	Junior	Hoxie	30'	3.5"	-
22	Holliman, Dagan	Senior	Rawlins County	30'	0.5"	-

### Boys 300m Hurdles (M) - 300m Low Hurdles

#### Finals:

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	7		Zweygardt, Ty	Sophomore	St. Francis	45.95	-
2	8		Juenemann, Brent	Sophomore	Oberlin	46.72	-
3	9		Hawbaker, Toby	Junior	Quinter	47.21	-
4	10		Wilkens, Brock	Junior	Goodland	47.46	-
5	11		Roesch, Justin	Junior	Quinter	48.68	-
6			Glading, Matt	Freshman	Oberlin	NT	-

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Figgins, Garrett	Junior	St. Francis	42.34	10
2	2		Flanagin, Andrew	Junior	Colby	43.42	8
3	3		Bellamy, Reed	Sophomore	Goodland	43.44	6
4	4		Bainter, Dylan	Junior	Hoxie	44.20	4
5	5		Ahrens, Patrick	Senior	Oakley	44.78	2
6	6		Temaat, Matt	Senior	Oakley	45.89	1

### Girls Javelin Throw (W) - Javelin

#### Finals:

Place	Bib	Name	Year	Team	Distance	Score
1		Dreher, Jordan	Junior	Oberlin	122' 7"	10
2		Mizer, Jordan	Senior	Rawlins County	114' 10"	8
3		Kaus, ShayLinn	Junior	Hoxie	110' 11"	6

4	Zerr, Kelsie	Junior	Oakley	102' 9"	4
5	Martin, Sara	Junior	Colby	86' 4"	2
6	Jirak, Heidi	Sophomore	Oakley	82' 4"	1
7	Taylor, Anna	Junior	Colby	81' 11"	-
8	Anderson, Samantha	Sophomore	Oberlin	81' 8"	-
9	Figgins, Kaitlin	Sophomore	St. Francis	78' 7"	-
10	Schoenrogge, Christina	Sophomore	St. Francis	76' 8"	-
11	Gassmann, Lauren	Junior	Oakley	73' 8"	-
12	Baker, Katie	Freshman	Hoxie	72' 9"	-
13	Heskett, Kelsi	Senior	Hoxie	71' 8"	-
14	Ketzner, Jacquelyn	Sophomore	St. Francis	71' 5"	-
15	MacFee, Taylor	Freshman	Oberlin	65' 11"	-
16	Garrett, Michaela	Sophomore	Goodland	59' 10"	-
17	Cowan, Cortney	Freshman	Goodland	57' 10"	-
18	Waugh, Trace	Freshman	Goodland	51' 4"	-
19	Voss, Kelsey	Junior	Colby	0' 0.63"	-

### Girls Discus Throw (W) - Discus Throw

#### Finals:

Place	Bib	Name	Year	Team	Distance	Score
1		Trembly, Sarah	Junior	St. Francis	103' 1.25"	10
2		Figgins, Kaitlin	Sophomore	St. Francis	100' 11.25"	8
3		Mizer, Jordan	Senior	Rawlins County	94' 4.75"	6
4		Marston, Kaylee	Junior	Colby	90' 9.5"	4
5		Zerr, Kelsie	Junior	Oakley	88' 2.75"	2
6		Gardner, Shelby	Freshman	Colby	87' 7.5"	1
7		Sheets, Mary	Freshman	Oakley	83' 8.5"	-
8		Anderson, Samantha	Sophomore	Oberlin	78' 7.5"	-
9		Jirak, Heidi	Sophomore	Oakley	76' 2.5"	-
10		MacFee, Taylor	Freshman	Oberlin	72' 9.75"	-
11		Winston, Sydney	Sophomore	Goodland	72' 4"	-
12		Rohr, Abi	Junior	Colby	70' 8.5"	-
13		Cowan, Cortney	Freshman	Goodland	69' 5"	-
14		Schamberger, Courtney	Freshman	Hoxie	61' 5.25"	-
15		Archibald, Taylor	Freshman	St. Francis	56' 2.5"	-

### Boys Javelin Throw (M) - Javelin

#### Finals:

Place	Bib	Name	Year	Team	Distance	Score
1		Crandall, Jimmie	Senior	Oakley	159' 10"	10
2		Vrbas, Anthony	Senior	Rawlins County	155' 9"	8
3		Roesch, Justin	Junior	Quinter	148' 3"	6
4		Ahrens, Patrick	Senior	Oakley	148' 0"	4

5	Middleton, Logan	Junior	Colby	145' 7"	2
6	Pearson, Kelly	Junior	Goodland	138' 6"	1
7	Soderlund, Dakota	Junior	Oberlin	136' 8"	-
8	Long, Alex	Senior	St. Francis	133' 2"	-
9	Ochs, Brian	Sophomore	Quinter	131' 0"	-
10	May, Zach	Freshman	Oberlin	126' 4"	-
11	Rangel, Alex	Sophomore	Goodland	119' 6"	-
12	Leighton, Sam	Junior	Quinter	111' 9"	-
13	Brenn, Dru	Sophomore	Colby	106' 5"	-
14	Salmans, Dillon	Junior	Hoxie	105' 7"	-
15	Fortin, Channing	Freshman	Oberlin	104' 0"	-
16	Dautel, Drew	Freshman	Goodland	102' 2"	-
17	Weber, Patrick	Sophomore	Hoxie	99' 9"	-
18	Keck, Trek	Freshman	Colby	98' 0"	-
19	Holliman, Dagan	Senior	Rawlins County	97' 8"	-
20	Hueftle, Tyler	Sophomore	Rawlins County	90' 5"	-

**Boys Pole Vault (M) - Pole Vault****Finals:**

Place	Bib	Name	Year	Team	Distance	Score
1		Wolters, Kevin	Senior	Rawlins County	13' 6"	10
2		Parsons, Lex	Senior	Oakley	13' 0"	8
3		Shiltz, Isaac	Sophomore	St. Francis	12' 0"	6
4		Roesch, Justin	Junior	Quinter	11' 6"	4
5		Noble, Cade	Freshman	Rawlins County	10' 6"	2
6		Rangel, Alex	Sophomore	Goodland	9' 0"	0.33
6		Irvin, Ryan	Senior	Goodland	9' 0"	0.33
6		Keller, Darris	Senior	St. Francis	9' 0"	0.33
7		May, Ryan	Freshman	Oberlin	9' 0"	-
		Helm, Jacob	Junior	Oberlin	NH	-
		Gray, Jed	Freshman	Goodland	NH	-

**Boys 110m Hurdles (M) - 110m Hurdles****Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Wilkins, Brock	Junior	Goodland	16.18	10
2		Ahrens, Patrick	Senior	Oakley	16.30	8
3		Figgins, Garrett	Junior	St. Francis	16.30	6
4		Flanagin, Andrew	Junior	Colby	16.45	4
5		Temaat, Matt	Senior	Oakley	17.42	2
6		Spresser, Colton	Sophomore	Hoxie	17.68	1
7		Bellamy, Reed	Sophomore	Goodland	18.51	-
8		Wolaver, Dylan	Freshman	St. Francis	19.60	-

**Preliminaries:**

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	2		Flanagin, Andrew	Junior	Colby	16.58	
2	4		Wilkins, Brock	Junior	Goodland	16.63	
3	6		Bellamy, Reed	Sophomore	Goodland	18.23	
4	9		Hawbaker, Toby	Junior	Quinter	19.68	
5	10		May, Ryan	Freshman	Oberlin	21.05	

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Figgins, Garrett	Junior	St. Francis	16.41	
2	3		Ahrens, Patrick	Senior	Oakley	16.62	
3	5		Spresser, Colton	Sophomore	Hoxie	17.49	
4	7		Temaat, Matt	Senior	Oakley	17.77	
5	8		Wolaver, Dylan	Freshman	St. Francis	19.53	

**Boys Triple Jump (M) - Triple Jump****Finals:**

Place	Bib	Name	Year	Team	Distance	Score
1		McKee, Braden	Senior	Colby	38' 10.5"	10
2		Wittman, Skyler	Senior	Quinter	38' 9.5"	8
3		Siruta, Kraig	Senior	Oakley	38' 1.5"	6
4		Roesch, Justin	Junior	Quinter	37' 10.5"	4
5		Trachsel, Dillon	Junior	Goodland	37' 2"	2
6		Moore, Ryan	Freshman	Colby	36' 9"	1
7		Spresser, Colton	Sophomore	Hoxie	36' 7"	-
8		Glading, Matt	Freshman	Oberlin	35' 8"	-
9		Hefner, Levi	Sophomore	Oakley	35' 6.5"	-
10		Wasson, Nolan	Senior	Oberlin	34' 10"	-
11		Owens, Gage	Freshman	Goodland	34' 1.5"	-
12		Dautel, Drew	Freshman	Goodland	33' 9"	-
13		Shiltz, Isaac	Sophomore	St. Francis	33' 5"	-
14		May, Ryan	Freshman	Oberlin	32' 0"	-
15		Reed, Nathan	Senior	Colby	31' 11"	-
16		Ochs, Jesse	Sophomore	Quinter	30' 5.5"	-

**Girls 4 x 400m Relay (W) - 4 x 400m Relay****Finals:**

Place	Team	Time	Score
1	Colby	4:12.95	10
2	Hoxie	4:14.22	8

3	Quinter	4:15.98	6
4	Oakley	4:21.43	4
5	Rawlins County	4:22.38	2
6	Oberlin	4:32.69	1
7	St. Francis	4:46.10	-

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